

New Content

Written by

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So we have integrated a few nudist and nudity related feeds to the site to provide you with great content. As a result we really do have something new all the time which is fantastic. That being the case, to avoid having the newsletter get to be too huge, we have changed it to be a weekly newsletter. This was our original expectation but wanted to slowly ramp up to it to ensure that we could provide you with enough unique and interesting content in each newsletter and not sacrifice quality.

I am happy to say that we have achieved this goal. Enjoy this week's addition of the Hudson Valley Nudist (HVNudist.com) Newsletter.

Be sure to like us on facebook and click our sponsor links. It helps pay the bills.

Also Check out our Wednesday Nude yoga class in Brewster, NY ! details on our events calendar.

or here: [Nude Yoga for beginners](#)