

Nudist Travel in an Environmentally Sound Manner

Written by Jeff Baldasarre

Thursday, 23 May 2019 11:00 -



One of the most eco-friendly types of vacations is a Nakation[®] vacation — a clothing optional getaway. Remember, luggage kills fuel economy, which is one reason why checking it on the airplane costs you. You won't need more than a carry-on for a Nakation vacation out of state (and you won't need a vacation wardrobe). You will travel light on road trips too. Did you know an extra 100 pounds in your vehicle reduces your car's fuel economy by 2%? Those taking a Nakation vacation are able to pack less and travel more.

While on the topic of clothing, did you know polyester, a plastic, is found in most every wardrobe in t-shirts, dresses, jeans, suits, sweat wicking athletic wear, and even undergarments. Why not, like naturists, give a little help to Mother Earth by paring down your closet? The number of garments the world consumes is a growing ecological issue in energy necessary to produce; and once out of fashion, the inability of polyester fiber clothing to biodegrade, which puts an added strain on the environment

And AANR-affiliated lodging facilities are extremely affordable. With 180 clubs, campgrounds and resorts to choose from in the U.S., Canada, Mexico and internationally, there's bound to be one right for, and near to, you.

Despite all of the damage caused to the environment by man, most of it is reversible. As conscientious custodians we can restore habitats and return species to them; clean rivers; renovate buildings; replenish the topsoil and replant forests. Many nudists are closely connected to and get eagerly involved in the preservation of our nation's beaches, parks and other natural resources, and they are also committed to reducing their personal impact on the Earth's resources...One reason nudists are also called naturists. To find an AANR club near you and learn about upcoming environmental activities planned, please visit <http://www.aanr.com/aanr-clubs/>

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To interview an AANR spokesperson, please contact Jeffrey Baldasarre at 1-800-TRY-NUDE or JBaldasarre@aanr.com. *For 88 years, AANR has been the leading authority in North America on protecting the freedoms and rights of those who participate in wholesome, family-style nude recreation. Members of AANR recognize the wholesomeness of the human body and believe that life is enhanced by the naturalness of social nudity. From exercise to relaxation, a person's physical, spiritual, and mental health is enriched through nude recreation. AANR supports 180 chartered clubs, resorts, and campgrounds, and serves over 30 thousand members throughout the U.S., Canada, Mexico, the Caribbean, and internationally. For more information about AANR and for facts related to nude recreation, visit www.aanr.com or call 1-800-TRY-NUDE (879-6833). To receive information on upcoming news and events, sign up for our newsletter [here](#)*

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