

## Can Kids Keep A Secret?

Written by Felicity Jones

Friday, 29 September 2017 21:25 -

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This part 2 of our series on family nudism and how to raise naturist kids. [Part 1 introduces the families we've interviewed and discusses dress codes](#)

for kids. In this article, we'll share what these parents have to say about two more common naturism questions.

**Question 1: “Do I tell my kids NOT to tell peers / friends / teachers / family members / other adults etc about our family being naturists? What will happen if my kids tell others?”**

When it comes to kids and naturism, this question will inevitably come up. Parents often want to avoid a misunderstanding or an awkward situation that may arise from their kids speaking to people who have no knowledge of family naturism. Especially with toddlers and little kids, there's really no controlling what they may blurt out to others.

Attitudes on this have certainly shifted in the past few decades as nudism has become less stigmatized. In talking about my naked childhood, I've often said my parents had told me not to tell anyone about us being nudists. More specifically it was my dad who had imparted this mandate. He also grew up as a nudist at Rock Lodge, but in a different time when people had to be much more secretive. Back then (at least in the 1950's / 60's but probably onward as well) it was common for parents to tell their kids to keep it private, as my dad's parents did with him.

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