

A Guide to Nudism & Naked Activities for New York City Nudists

Written by Felicity Jones

Wednesday, 02 May 2018 20:55 -

I get asked all the time about naturist activities in New York City or nearby, especially in the off-season months. Unfortunately there are no official nudist places within the 5 boroughs.

So how else can one get naked here and [connect with other nudists](#) ? This is my guide to local NYC naturist groups, naked events, nude classes and more!

In part one, I list the closest outdoor places including nude beaches and nudist clubs. In Part 2, I cover all the indoor options.



Guide to Nudism, Naturism and Naked Events in NYC By Felicity's Blog **Part I : Nude beaches, nudist clubs and getting naked outside.**

NUDE BEACHES: Since Lighthouse Beach was closed to nude use, [Gunnison Beach](#) in New Jersey has become the main nude beach destination for New Yorkers. It's located on Sandy Hook, which is accessible by car or a short ferry ride from Manhattan.

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One of the pools for skinny dipping at Stony Kill Falls

Part II : Local nudist groups, indoor events and more in NYC.

SOCIAL NUDIST GROUPS

The Long Island Travasuns – The Travasuns are a longstanding, co-ed nudist group that hosts clothing-optional monthly swim parties and other events on Long Island and in Queens. The monthly parties take place at a spa / gym in Wantagh, Long Island. This venue has a pool, hot tub, sauna, steam room, bar, dance floor and more. Other activities usually include naked yoga and volleyball games.

To get there: It's about an hour's drive from Manhattan, and you can also take a train via the Long Island Railroad if you arrange for pickup at the local station. For more info on this and other events they host, visit their website at <http://travasuns.org> .

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“Nude” — This is a nudist group that started 2-3 years ago in NYC, and at first it was just for men. Now they organize different workshops and events, which can be for men only or co-ed. You can check them out at <https://www.meetup.com/nudeevents/> .

nude



“Nude” nudist men’s group in NYC

Go Naked – This is another new social group that caters to men, but has also organized all-gender gatherings. Events take place in NYC and Philadelphia, and include naked dance / bar socials. More info at <https://www.gonaked.co> .

Males au Naturel (MAN) – a social nudist group just for men that’s been around for many years and still regularly organizes events in NYC. Most of their members identify as gay or bi, but men of any sexual orientation are welcome. More info at <http://man.shuttlepod.org/>

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Naked FITNESS CLASSES

Naked personal training sessions – A personal training business called Hanson Fitness started offering naked fitness classes at one of their gyms in NYC. Their last class was one hour long and described as a “total body workout.” The downside is they allow people to wear “nude underwear” if they want to, which negates the whole idea of it. But if you’re interested in attending a class like this, contact them at their website onfitness.com

[hans](#)

or see their Facebook page (events section) facebook.com/HansonFitnessNYC/.

Naked yoga – I have a guide just for naked yoga classes in NYC – coming soon!



Naked in Motion – a naked yoga & pilates class in NYC

NuDance – naked dance classes in NYC. Learn more at <https://activenaturists.net/nudance/>.

NAKED SPAS

There are a few nude spas in NYC, though ALL of them gender-segregated and not co-ed. One of the biggest is a Korean place called Spa Castle, and you can read my review of their Queens location (coming soon). They also have another location in Manhattan.

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Other nude spas you might want to try:

– Russian & Turkish Baths (Manhattan / East Village) – old-school bathhouse that has all-male and all-female nude days. (Non-nude during co-ed hours.)

– Juvenex Spa (Manhattan / Koreatown) – clothing-optional for women during daytime hours.

– New York Spa & Sauna (Flushing, Queens) – Korean day spa with gender-segregated nude bathing areas.

(If anyone has been to these places or other nude spas in NYC, your feedback is welcome in the comments! Or you can [contact me](#) .)

NAKED EVENTS AND SHOWS

The Naked Show – This is a late-night event where naked comedians perform stand-up, and the audience is also invited to strip down after the show begins. It has previously taken place at The Creek & The Cave, a bar in Long Island City, on the occasional Friday night.

This show is currently **on hiatus**, but I am told it will be coming back! To stay up-to-date, “like” / subscribe to [the Facebook page](#) .



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